Transitioning into Adulthood: An Overview of Kentucky's Foster Youth

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## KY Foster Youth...By the Numbers



## Where are these youth?

DCBS Service Regions


Cumberland = 748
Eastern Mtn = 392
Jefferson = 967
Northeastern = 639
N. Bluegrass = 1,156

Salt Riv Trail = 1,062
S. Bluegrass = 1,354

The Lakes $=619$
Two Rivers = 980

## KY Foster Youth...By the Numbers

Age at First Entry into Foster Care:
Less than 1 year $=1,569$

Age at First Entry into Foster Care:
1 to $<3$ years $=1,156$
Age at First Entry into Foster Care:
3 to $<6$ years $=1,890$
Age at First Entry into Foster Care: 6 to $<12$ years $=1,353$

Age at First Entry into Foster Care:


12 to $<18$ years $=\mathbf{1 , 9 4 1}$

## Transition to Adulthood: Difficulties

Substantial evidence suggest that these youth, many of whom lack ongoing familial support, are more likely to experience:

- homelessness (Fowler, Toro, \& Miles, 2009);
- have poorer outcomes in marital relations and community involvement (Buehler, Orme, Post, \& Patterson, 2000);
- have a heightened risk for poor physical health (Takayama, Wolfe, \& Coutler, 1998) and psychiatric disorders (McGuinness \& Schneider, 2007);
- addiction (Morris, 2007);
- and, have difficulty in obtaining mental and physical health care, (Montgomery, Donkoh, \& Underhill, 2006).


## Promising Practices

$>$ Fostering Success Employment Program
>Foster Care Plus Mobile Tech Development
$>$ Embrace Initiative
$>$ Fostering Good Will, FCAA, Voices of the Commonwealth, etc.

## Areas of Need

$>$ Workforce
$>$ More flexible (i.e., responsive) IL programming
$>$ Resources for 21+ alumni (housing, etc.)
$>$ Reframe the "continuum" of care
$>$ Research that incorporates the VOICE of youth


